Registered Behavior Technician Study Sheet

Measurement definitions · assessment & procedure terms · ethics numbers

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Exam frame (BACB RBT Test Content Outline, 3rd ed.): 75 scored questions · domains — Data Collection and Graphing 17% · Behavior Assessment 11% · Behavior Acquisition 25% · Behavior Reduction 19% · Documentation and Reporting 13% · Professional Conduct and Scope 15%. The BACB reports results as pass/fail only; it publishes no passing percentage.

MEASUREMENT DEFINITIONS

Term	Definition
Frequency	a count of how many times the behavior occurs
Rate	count ÷ time (18 responses in 15 minutes = 1.2 per minute)
Duration	how long one episode lasts, from its defined start to its defined end
Latency	time from a cue or instruction to the start of the response
Interresponse time (IRT)	time between two successive responses of the same type
Continuous measurement	recording every occurrence of the behavior (frequency, duration, latency, IRT)
Discontinuous measurement	sampling behavior in intervals rather than recording every occurrence
Partial-interval recording	score the interval if the behavior occurs at any point during it
Whole-interval recording	score only if the behavior lasts the entire interval
Momentary time sampling	record whether the behavior is occurring at the instant the interval ends
Permanent product	measuring a tangible outcome the behavior leaves behind
Percentage	count ÷ total opportunities × 100

ASSESSMENT TERMS

Paired-stimulus (forced choice) — two items presented at a time; selections build a preference hierarchy.

Multiple stimulus — an array of items; MSW returns the chosen item to the array, MSWO removes it.

Free-operant observation — recording what a client approaches and engages with during free access.

Functional assessment — indirect (interviews, checklists), descriptive (direct observation), or experimental (functional analysis) methods for identifying behavioral function.

Four functions of behavior — attention, escape, access to tangibles or activities, automatic (sensory) reinforcement.

ACQUISITION TERMS

Discrete-trial teaching (DTT) — structured trials: instruction, response, consequence, brief inter-trial pause.

Naturalistic teaching (NET) — teaching embedded in the client's own activities and interests.

Shaping — reinforcing successive approximations of a target behavior while earlier forms stop being reinforced.

Chaining — forward (first step first), backward (last step first), or total task (all steps each session).

Prompting and fading — least-to-most, most-to-least, time delay, errorless teaching; fading transfers control to the natural cue.

Token economy — tokens delivered contingently and exchanged for backup reinforcers.

Discrimination training — reinforcement in the presence of the SD, not in the presence of the S-delta.

Generalization / maintenance — spread of a skill across settings, people, and stimuli / persistence of a skill after teaching ends.

REDUCTION PROCEDURES

Procedure	Reference
NCR	noncontingent reinforcement — the reinforcer delivered on a time schedule, independent of behavior
High-probability sequence	several easy requests immediately before a harder one; pairs with demand fading

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DRA	differential reinforcement of an alternative behavior
DRI	differential reinforcement of a behavior physically incompatible with the problem behavior
DRO	reinforcement when the problem behavior has not occurred for the set interval
DRL	reinforcement when the behavior occurs at or below a set rate
FCT	functional communication training — a communication response that earns the same reinforcer
Extinction	withholding the reinforcer that maintains the behavior; an extinction burst is a temporary increase in the behavior; resurgence is the return of a previously reinforced behavior
Time-out	brief removal of access to reinforcement, as written in the plan (positive punishment)

ETHICS & SCOPE — FIXED NUMBERS AND RULES

- **Gifts:** no giving or accepting gifts over $10 USD in value from clients, stakeholders, or supervisors; a stricter employer policy governs.
- **Self-reporting:** report to the BACB within 30 days (legal charges, investigations, conditions impairing safe practice).
- **Supervision:** at least 5% of behavior-analytic service hours per month; at least 2 synchronous contacts; at least 1 individual contact; supervisor observes service delivery at least monthly.
- **Scope of practice:** RBTs implement supervisor-designed plans; they do not design interventions, interpret assessments independently, or select procedures.
- **Multiple relationships:** avoided; romantic or sexual relationships with current clients, stakeholders, or supervisors are prohibited.
- **Confidentiality:** disclose the minimum necessary, with consent or as required by law; never post information that could identify a client.

WHAT THIS SHEET DOESN'T COVER

- Applied scenario judgment across all 43 Test Content Outline tasks.
- Blueprint-weighted scenario application in the exam's domain proportions.
- Timed, full-length exam simulation.
- An explanation for every answer — why the right answers are right and the wrong ones are wrong.
- A fresh set of questions on every attempt, so practice never repeats itself.

Start with free Registered Behavior Technician sample questions: passprofessor.com/rbt-exam-prep/

Content follows the BACB RBT Test Content Outline (3rd ed.) and the RBT Ethics Code (2.0), as verified for the PassProfessor RBT question bank.